



OCEAN RIDGE BIOSCIENCES  
10475 Riverside Dr. Suite 1  
Palm Beach Gardens, FL 33410  
Tel: 561-427-7845  
Cell: 561-427-5548  
Fax: 561-740-8710

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## Preparing RNA from Broncho Alveolar Lavage Fluid (BALF) samples for miRNA Profiling

1. Pellet the cells by centrifuging the BALF samples at 400 g for 10 min at 4C.

*Reference: Lewis, S., Singh, D., and Evans, C.E., (2009) "Cyclic hydrostatic pressure & cotton particles stimulate synthesis by human lung macrophage of cytokines in vitro", Respiratory Research, 10:44*

2. Discard the supernatant.

*Note: Pelleted cells can be processed using a Trizol method or using the miRvana isolation kit (Ambion Part # AM1560). ([http://www.ambion.com/techlib/prot/fm\\_1560.pdf](http://www.ambion.com/techlib/prot/fm_1560.pdf))*

### TRIZOL METHOD:

3. Homogenize the cells, in 1 ml of Trizol (Invitrogen, part# 15596-026) using Omni TH or other rotar-stator homogenizer.

*Note: Please Read the Manual Accompanying the Trizol Reagent Carefully. These protocols are adapted from that manual.*

4. Add 0.2 ml chloroform and vortex for 15 sec.
5. Incubate mixtures at 15 to 30C for 2-3 min.
6. Spin at full speed (12,000 g) in microfuge at 4C (in refrigerator) for 15min.
7. Remove 450-500ul of aqueous phase and transfer to a new tube.

*Note: Do not touch or collect material from interphase*

8. Add 1ul of 20ug/ul Glycogen (Invitrogen Part # 10814-010) per sample and mix well by vortexing.

*Note: Glycogen co precipitates with nucleic acids and increases the visibility of the nucleic acid pellet.*

9. Add an equal volume (450-500 ul) of isopropyl alcohol to the tube and vortex for 5 seconds.
10. Incubate them at 15 to 30C for 2-3 min.

*Note: Incubate tubes overnight at -20C here if RNA will be used for miRNA analysis.*

11. Spin at 12,000 g for 10min at 4C.
12. Carefully remove liquid.
13. Add 500ul of 75% ethanol & vortex to partially resuspend pellet.
14. Spin for 2-3 min at RT.
15. Pour off ethanol wash while carefully observing that pellet is not lost.
16. Spin briefly again to collect residual ethanol at the bottom of tube.
17. Remove remaining ethanol with P200 pipette, carefully avoiding pellet.
18. Lay tubes down on tissue paper with tops open. Let air dry for 5 min.
19. Resuspend in 30 ul of Qiagen RNase-free water.
20. To prepare samples for shipping, transfer samples to Biomatrix RNA stable tubes (Part number 93221-001) and dry them down according to manufacturers instructions. (See link below)

<http://www.biomatrix.com/media/rnastable/protocols.pdf>